

January 2024



Main Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 ?	5 ?	6
	<div><div>10:00 Music and Motion Exercise (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Monday Movie (US)</div></div> <div>Happy New Year!</div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Sit and be Fit (PLR)</div><div>10:30 Current Events and Good News (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Bible Study with Chaplain Brian (US)</div><div>3:00 Taking Down Holiday Decorations (AN)</div><div>6:00 Night Owl Bingo (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Musical Noodle Ball (US)</div><div>10:30 Whiteboard Games (US)</div><div>11:00 Taking Down Holiday Decorations (AN)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Eldergrow Gardeners Club (US)</div><div>6:00 Game Night (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Bingo (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 TV Classics (PLR)</div><div>2:00 Scenic Drive (B)</div><div>3:00 Music with Chuck (EG)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Rosary/Communion (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Chats with Chaplain Brian (US)</div><div>3:15 Chris Wells Presents (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Saturday Bingo (US)</div><div>1:00 Hand Massages</div><div>3:00 Saturday Series (US)</div></div>
7	8	9	10	11	12	13
<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:30 Sunday News and Coffee (US)</div><div>11:00 Worship Services (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Flower Care Club (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Music and Motion Exercise (US)</div><div>10:30 Board Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Monday Movie (US)</div><div>2:30 File and Polish Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>9:00 Trip to the Art Museum</div><div>10:00 Sit and be Fit (PLR)</div><div>10:30 Current Events and Good News (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Bible Study with Chaplain Brian (US)</div><div>3:00 Music with Ray Posch (US)</div><div>6:00 Night Owl Bingo (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Musical Noodle Ball (US)</div><div>10:30 Resident Council (US)</div><div>10:30 Whiteboard Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Library Book Club Reading (PLR)</div><div>3:00 Trivia Tlme</div><div>6:00 Game Night (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Bingo (US)</div><div>10:30 Memories in the Making (LER)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 TV Classics (PLR)</div><div>3:00 Music with Chuck (EG)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Rosary/Communion (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Chats with Chaplain Brian (US)</div><div>3:00 Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Saturday Bingo (US)</div><div>1:00 Hand Massages</div><div>2:00 Tom and Friends (US)</div><div>3:00 Saturday Series (US)</div></div>
14 ?	15	16	17	18 ?	19	20 ?
<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:30 Sunday News and Coffee (US)</div><div>11:00 Worship Services (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Flower Care Club (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Music and Motion Exercise (US)</div><div>10:30 Calendar Creators (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Monday Movie (US)</div><div>2:30 File and Polish Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Sit and be Fit (PLR)</div><div>10:30 Current Events and Good News (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Bible Study with Chaplain Brian (US)</div><div>3:00 Music with Larry O (US)</div><div>6:00 Night Owl Bingo (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Musical Noodle Ball (US)</div><div>10:30 Whiteboard Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Eldergrow Gardeners Club (US)</div><div>6:00 Game Night (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Bingo (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 TV Classics (PLR)</div><div>2:00 Pie and Coffee Social (US)</div><div>3:00 Music with Chuck (EG)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Rosary/Communion (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Chats with Chaplain Brian (US)</div><div>3:00 Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Saturday Bingo (US)</div><div>1:00 Hand Massages</div><div>3:00 Saturday Series (US)</div></div>
21	22	23	24	25	26	27
<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:30 Sunday News and Coffee (US)</div><div>11:00 Worship Services (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Flower Care Club (US)</div><div>3:00 Library Day and Reading Time (PLR)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Music and Motion Exercise (US)</div><div>10:30 Board Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Monday Movie (US)</div><div>2:30 File and Polish Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Sit and be Fit (PLR)</div><div>10:30 Current Events and Good News (PLR)</div><div>10:30 Memories in the Making (LER)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Bible Study with Chaplain Brian (US)</div><div>3:00 Piano with Ethan (US)</div><div>6:00 Night Owl Bingo (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Musical Noodle Ball (US)</div><div>10:30 Give Unto Others (US)</div><div>10:30 Whiteboard Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Library Book Club Reading (PLR)</div><div>3:00 Ice Cream Social (US)</div><div>6:00 Game Night (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Bingo (US)</div><div>11:30 Men's Lunch Bunch (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 TV Classics (PLR)</div><div>3:00 Music with Chuck (EG)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Rosary/Communion (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Chats with Chaplain Brian (US)</div><div>3:00 Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Saturday Bingo (US)</div><div>1:00 Hand Massages</div><div>3:00 Saturday Series (US)</div></div>
28	29	30	31	Happy Birthday ?		
<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:30 Sunday News and Coffee (US)</div><div>11:00 Worship Services (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Flower Care Club (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Music and Motion Exercise (US)</div><div>10:30 Dominoes (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Monday Movie (US)</div><div>2:30 File and Polish Nail Care (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Sit and be Fit (PLR)</div><div>10:30 Current Events and Good News (PLR)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:00 Bible Study with Chaplain Brian (US)</div><div>3:00 Music with Mark (US)</div><div>6:00 Night Owl Bingo (US)</div></div>	<div><div>9:00 Chronicles and Conversation (AN)</div><div>10:00 Musical Noodle Ball (US)</div><div>10:30 Whiteboard Games (US)</div><div>1:00 Activities on the Go Visits (AN)</div><div>2:30 Ladies High Tea (US)</div><div>6:00 Game Night (US)</div></div>	<div>Pearley S. Jan 04</div> <div>Fern A. Jan 05</div> <div>Harold A. Jan 14</div> <div>Adolf “Fo” F. Jan 18</div> <div>Janet N. Jan 20</div>		

Bold activity = Sign up mandatory

US = Union Station, AN = All Neighborhoods, PLR = Ponderosa Living Room, B = Bus, EG = Evergreen, LER = Life Enrichment Room