| Sunday | Monday | Tuesday | Wednescay | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | 10:30 What's New in 2024 (CR) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 2:00 Stretch and Flex (FC) <br> 2:30 Movie - After the Tin Man <br> (CR) <br> 3:00 Rosary/Communion (GCS) <br> 7:00 Canasta (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Nail Care (2AC) <br> 9:30 Undecorating Christmas <br> (AN) <br> 10:00 Balance Exercise (FC) <br> 10:45 Asst. Living Fitness (2AC) <br> 2:00 Armchair Travel: Greek Islands (CR) <br> 3:30 Let's Talk January (2AC) | 9:30 Daily Chronicle (2AC) 10:00 Name One Thing (2AC) 10:15 Bible Study (CR) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 2:00 Stretch and Flex (FC) <br> 2:00 Men's Group Meeting <br> (CR) <br> 2:00 Scattergories (2AC) <br> 3:00 Who Am I (CR) <br> 7:00 Bingo (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Daily Chronicle (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:15 Resident Welcomers (Lib) <br> 10:45 Asst. Living Fitness (FC) <br> 11:00 Construction Update (CR) <br> 1:00 Choir (CR) <br> 2:00 Music with Dan (Lby) <br> 3:00 Rummikub (3AC) <br> 3:30 Word Find (2AC) | 9:30 Men's Coffee Crew \& mtg (GCS) <br> 9:30 Painting with Cliff (GCS) <br> 10:30 Bingo (CRA) <br> 1:00 Bridge (3AC) <br> 1:00 Balance Exercise (FC) <br> 1:30 Chris Wells (CR) <br> 3:30 Chance of Chuckles (2AC) | 8:00 Activity Packets on 3rd Floor (AN) <br> 10:00 Morning Movers (2AC) <br> 10:15 Rummikub (CRA) <br> 10:30 Daily Chronicle (2AC) <br> 10:45 Cranium Crunches (2AC) <br> 1:30 Bingo (GCS) <br> 2:00 Word Mining (3AC) |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 10:30 Sunday Worship - <br> Chaplain Cindy (CR) <br> 1:00 Bridge (3AC) <br> 1:00 Gen Tech Company (Lib) <br> 2:30 Sunday Movie: Peanut <br> Butter Falcon (CR) | 9:30 Noodle Ball (CR) <br> 10:15 Dollar Store Shopping (B) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 2:00 Stretch and Flex (FC) <br> 2:00 Active Minds - HIstory of Automobiles (CR) <br> 3:00 Rosary/Communion (GCS) <br> 7:00 Canasta (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Nail Care (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:00 Oh Baby Trivia (CR) <br> 10:30 Toys For Gods Kids (GCS) <br> 10:45 Asst. Living Fitness (2AC) <br> 1:15 Bake Cookies (CR) <br> 2:00 Armchair Travel: <br> Germany (CR) <br> 3:00 Boggle (2AC) | 9:30 Daily Chronicle (2AC) 10:00 Koelbel Library (Lib) 10:15 Bible Study (CR) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) <br> 1:30 Catchy Musicals (CR) 2:00 Stretch and Flex (FC) 2:30 January Jeopardy (CR) 7:00 Bingo (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Daily Chronicle (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:00 Food Forum (3AC) <br> 10:00 Getting to Know Rhythms <br> Home Care (CR) <br> 10:45 Asst. Living Fitness (FC) <br> 11:00 Construction Update (CR) <br> 1:00 Choir (CR) <br> 2:00 Music with Mark (Lby) <br> 3:00 Rummikub (3AC) | 9:30 Men's Coffee Crew (GCS) <br> 10:30 Bingo (CRA) <br> 1:00 Bridge (3AC) <br> 1:00 Balance Exercise (FC) | 8:00 Activity Packets on 3rd Floor (AN) <br> 10:00 Morning Movers (2AC) 10:15 Rummikub (CRA) <br> 10:30 Daily Chronicle (2AC) <br> 1:30 Bingo (GCS) <br> 2:15 Documentary: (CR) |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 10:30 Sunday Worship Chaplain Kendall (CR) <br> 1:00 Bridge (3AC) <br> 1:00 Gen Tech Computer Support (Lib) <br> 2:30 Sunday Movie: Life of Pi (CR) | 9:30 Noodle Ball (CR) <br> 10:30 Martin Luther King <br> Presentation (CR) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 1:30 Resident Sharing (CR) <br> 2:00 Stretch and Flex (FC) <br> 3:00 Rosary/Communion (GCS) <br> 7:00 Canasta (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Nail Care (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:00 Trivia (CR) <br> 10:45 Asst. Living Fitness (2AC) <br> 2:00 Armchair Travel: Israel's <br> \& Palestine Today (CR) <br> 3:00 Boggle (2AC) | 9:30 Daily Chronicle (2AC) 10:15 Bible Study (CR) 12:00 Men's Lunch In BBQ (DR) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 2:00 Stretch and Flex (FC) <br> 2:30 Traditional Folk Songs (CR) <br> 3:30 Goal Check In (2AC) <br> 7:00 Bingo (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Daily Chronicle (2AC) 10:00 Balance Exercise (FC) 10:30 Fireside Chat (Lby) 10:45 Asst. Living Fitness (FC) 11:00 Construction Update (CR) 12:00 Birthday Luncheon (DR) 1:00 Choir (CR) 2:00 Music with Larry (Lby) 3:00 Rummikub (3AC) | 9:30 Men's Coffee Crew (GCS) <br> 9:30 Painting with Cliff (GCS) <br> 10:30 Bingo (CRA) <br> 1:00 Bridge (3AC) <br> 1:00 Balance Exercise (FC) <br> 2:30 Crafting: Sock Snowman <br> (3AC) | 8:00 Activity Packets on 3rd Floor (AN) <br> 10:00 Morning Movers (2AC) <br> 10:15 Rummikub (CRA) <br> 10:30 Daily Chronicle (2AC) <br> 10:45 Cranium Crunches (2AC) <br> 1:30 Bingo (GCS) <br> 3:00 Scrabble (2AC) |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 10:30 Sunday Worship - <br> Chaplain Jim (CR) <br> 1:00 Bridge (3AC) <br> 1:00 Gen Tech Computer <br> Support (Lib) <br> 2:30 Sunday Movie - Singin In The Rain (CR) | 9:30 Noodle Ball (CR) <br> 10:30 Reminisce \& Share(2AC) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 2:00 Stretch and Flex (FC) <br> 2:00 Active MInds: Genghis <br> Khan \& Mongolian Empire (CR) <br> 3:00 Rosary/Communion (GCS) <br> 7:00 Canasta (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Nail Care (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:00 Puzzler (CR) <br> 10:45 Asst. Living Fitness (2AC) <br> 1:30 Catholic Mass (CR) <br> 2:15 Armchair Travel: Prague \& Provence (CR) <br> 3:15 Boggle (2AC) | 9:30 Daily Chronicle (2AC) <br> 10:00 Koelbel Library (Lib) <br> 10:00 Watch Repair (Lby) <br> 10:15 Bible Study (CR) <br> 12:15 Ladies Lunch - BBQ (DR) <br> 1:00 Balance Exercise (FC) <br> 1:30 MoveMor (FC) <br> 1:30 AL Neighborhood <br> Meeting (CR) <br> 2:00 Stretch and Flex (FC) <br> 2:30 Men \& Ladies Games (CR) <br> 7:00 Bingo (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Daily Chronicle (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:45 Asst. Living Fitness (FC) <br> 11:00 Construction Update (CR) <br> 1:00 Choir (CR) <br> 2:00 Jan. Bday \& Music with Chris (Lby) <br> 3:00 Rummikub (3AC) | 9:30 Men's Coffee Crew (GCS) <br> 10:30 Bingo (CRA) <br> 1:00 Bridge (3AC) <br> 1:00 Balance Exercise (FC) | 8:00 Activity Packets on 3rd Floor (AN) <br> 10:00 Morning Movers (2AC) <br> 10:15 Rummikub (CRA) <br> 10:30 Daily Chronicle (2AC) <br> 1:00 Movie: In Harms Way <br> (CR) <br> 1:30 Bingo (GCS) <br> 2:00 Word Find (2AC) |
| 28 | 29 | 30 | 31 |  |  |  |
| $\begin{aligned} & \text { 10:30 Sunday Worship - } \\ & \text { Chaplain Cheryl (CR) } \\ & \text { 1:00 Bridge (3AC) } \\ & \text { 1:00 Gen Tech Computer } \\ & \text { Support (Lib) } \\ & \text { 2:30 Sunday Movie: } \\ & \text { Fishermen's Friends (CR) } \end{aligned}$ | 9:30 Noodle Ball (CR) 1:00 Balance Exercise (FC) 1:30 2oveMor (FC) 2:00 Stretch and Flex (FC) 2:00 Active Minds (CR) 3:00 7:0sary/Communion (GCS) 7anasta (3AC) | 9:00 Total Body Fitness (FC) <br> 9:30 Nail Care (2AC) <br> 10:00 Balance Exercise (FC) <br> 10:00 Jewelry Clinic (Lby) <br> 10:45 Asst. Living Fitness (2AC) <br> 2:00 Armchair Travel: Florence <br> \& France (CR) <br> 3:00 Boggle (2AC) | 10:15 Bible Study (CR) 1:00 Balance Exercise (FC) 1:30 MoveMor (FC) 2:00 Stretch and Flex (FC) 2:30 Jeopardy (CR) 7:00 Bingo (3AC) |  |  |  |

