

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY JANUARY 2022

Jan 30	Jan 31						New Year's Day 01
10:30 Sunday Worship CR 01:05 AFC Championship - CBS Lby 02:30 Sunday Movie: Big Business CR 04:40 NFC Championship - FOX Lby	09:00 Fitness FC 09:30 Meditation GCS 10:30 Learning Circle: What I love to do the most CR 01:30 Euchre Game 3AC 02:00 Fitness FC 03:00 Rosary/Communion Lib 07:00 Canasta 3AC						All Day Happy New Year 08:00 Activity Packets Available on 3rd Floor AN 10:30 Rummikub 3AC 01:30 Bingo 3AC
10:30 Sunday Worship CR 02:05 Broncos Game (CBS) Lby 02:30 Sunday Movie: Almost Angels CR	09:00 Fitness FC 09:30 Meditation GCS 10:00 Taking Down Decorations AN 01:30 Euchre Game 3AC 02:00 Fitness FC 02:30 Hot Cider, Biscuits & Sunshine! CY 03:00 Rosary/Communion Lib 07:00 Canasta 3AC	09:00 Total Body Fitness FC 09:30 Decorations down AN 09:30 Jewelry Clinic Lby 09:30 Choir CR 10:00 Balance Class FC 10:30 Bev's Mending GCS 12:30 Knitting 101 GCS 01:00 MoveMor FC 02:00 Armchair Travel CR	09:00 Fitness FC 09:30 Bible Study CR 10:00 Koelbel Library Lib 10:00 Honey Visits 1:1 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 02:00 Fitness FC 07:00 Bingo 3AC	09:00 Fitness FC 09:30 Bible Study CR 10:00 Koelbel Library Lib 10:00 Honey Visits 1:1 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 02:00 Fitness FC 07:00 Bingo 3AC	09:00 Total Body Fitness FC 10:00 Current Events GCS 10:00 Tech Support GCS 10:00 Balance Class FC 01:00 MoveMor FC 02:00 Jeopardy CR	09:00 Fitness FC 01:00 Bridge 3AC 01:30 Fitness FC 01:30 Creative Writing GCS 02:00 Chris Wells: Australia CR 03:00 Wii Bowling FC 03:30 Fruit Cake Toss CY	08:00 Activity Packets Available on 3rd Floor AN 10:30 Rummikub 3AC 01:30 Bingo 3AC 02:00 Understanding Alzheimer's and Dementia CR
10:30 Sunday Worship CR 02:25 Broncos Game (CBS) Lby	09:00 Fitness FC 09:30 Meditation GCS 01:00 Neighborhood Mtg IL CR 01:30 Euchre Game 3AC 02:00 Active Minds CR 02:00 Fitness FC 03:00 Men's Meeting CR 03:00 Rosary/Communion Lib 07:00 Canasta 3AC	09:00 Total Body Fitness FC 09:30 Choir CR 10:00 Balance Class FC 10:30 Baking Parker House Rolls CR 12:30 Knitting 101 GCS 01:00 MoveMor FC 02:00 Armchair Travel CR	09:00 Fitness FC 09:30 Bible Study CR 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 12:00 Men's Lunch-IN DR 01:45 John Wayne Movie: McLintock! CR 02:00 Fitness FC 07:00 Bingo 3AC	09:00 Fitness FC 09:30 Bible Study CR 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 12:00 Men's Lunch-IN DR 01:45 John Wayne Movie: McLintock! CR 02:00 Fitness FC 07:00 Bingo 3AC	09:00 Total Body Fitness FC 09:30 Tech Support GCS 10:00 Current Events GCS 10:00 Food Forum CR 10:00 Balance Class FC 01:00 MoveMor FC 02:00 Murder Mystery Afternoon CR 05:30 Roasting Smore's CY	09:00 Fitness FC 01:00 Bridge 3AC 01:30 Creative Writing GCS 02:00 Fitness FC 02:45 Wii Bowling FC 03:00 Craft: Snow Flakes 3AC	08:00 Activity Packets Available on 3rd Floor AN 10:30 Rummikub 3AC 01:30 Bingo 3AC 02:30 Astronomy Talk Lby 02:35 NFL Playoffs Lby 06:15 NFL Playoffs Lby
Night of Tu B'Shevat 16 10:30 Sunday Worship CR 11:05 NFL Playoffs Lby 02:30 Sunday Movie: Martin Luther King CR 02:40 NFL Playoffs Lby 06:15 NFL Playoffs Lby	Tu B'Shevat 17 09:00 Fitness FC 09:30 Meditation GCS 10:00 Effective Communication Strategies CR 01:30 Euchre Game 3AC 02:00 Fitness FC 03:00 Rosary/Communion Lib 06:15 NFL Playoffs Lby 07:00 Canasta 3AC	18 09:00 Total Body Fitness FC 09:30 Choir CR 10:00 Balance Class FC 12:30 Knitting 101 GCS 01:00 MoveMor FC 02:00 Jeopardy CR 03:00 Wii Bowling FC	19 09:00 Fitness FC 09:30 Bible Study CR 10:00 Koelbel Library Lib 10:00 Honey Visits 1:1 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 01:00 Give Unto Others GCS 02:00 Fitness FC 02:30 Colorado Experience: American Western Art CF	20 09:00 Total Body Fitness FC 09:30 Bible Study CR 10:00 Koelbel Library Lib 10:00 Honey Visits 1:1 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 01:00 Give Unto Others GCS 02:00 Fitness FC 02:30 Colorado Experience: American Western Art CF	21 09:00 Total Body Fitness FC 09:30 Tech Support GCS 10:00 Current Events GCS 10:00 Balance Class FC 10:30 Fireside Chat Lby 01:00 MoveMor FC 02:00 SG Scavenger Hunt Lby	22 09:00 Fitness FC 10:30 Make Baklava CR 01:00 Fitness FC 01:00 Bridge 3AC 01:30 Creative Writing GCS 02:30 January Birthday Social Lby 02:30 Music by John Wirtz Lby	All Day AFC & NFC Divisional Rounds - TBA 08:00 Activity Packets Available on 3rd Floor AN 10:30 Rummikub 3AC 01:30 Bingo 3AC 02:45 Improv with Lucy CR
All Day AFC & NFC Divisional Rounds - TBA All Day National Activity Professionals Week 10:30 Sunday Worship CR 02:30 Sunday Movie: Hello Dolly CR	23 09:00 Fitness FC 09:30 Meditation GCS 10:30 Donor Relations Chat with Nancy Lib 01:30 Euchre Game 3AC 02:00 Active Minds CR 02:00 Fitness FC 03:00 Rosary/Communion Lib 07:00 Canasta 3AC	24 09:00 Total Body Fitness FC 09:30 Choir CR 10:00 Balance Class FC 12:30 Knitting 101 GCS 01:00 MoveMor FC 01:30 Catholic Mass CR 02:00 Armchair Travel CR 03:00 Beach Party Lby	25 09:00 Fitness FC 09:30 Bible Study CR 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 02:00 Fitness FC 07:00 Bingo 3AC	26 09:00 Fitness FC 09:30 Bible Study CR 10:00 Redwood BP Clinic HC 10:30 Bible Study CR 02:00 Fitness FC 07:00 Bingo 3AC	27 09:00 Total Body Fitness FC 10:00 Current Events GCS 10:00 Tech Support GCS 10:00 Balance Class FC 01:00 MoveMor FC 02:00 Art of Life Open House Lby 02:00 Music Lby	28 09:00 Fitness FC 01:00 Bridge 3AC 01:30 Creative Writing GCS 01:30 My Herb Garden: Lemon Balm Cookie Lby 02:00 Fitness FC 02:45 Wii Bowling FC	29 08:00 Activity Packets Available on 3rd Floor AN 10:30 Rummikub 3AC 01:30 Bingo 3AC

- Meeting Places**
- FC Fitness Center
  - GCS Grand Central Station
  - CR Community Room
  - AN All Neighborhoods
  - 3AC 3rd Floor Alcove
  - Lby Lobby
  - CY Courtyard
  - Lib Library
  - 1:1 One-on-one
  - HC Health Clinic
  - DR Dining Room
  - CF Conference Room

**John 8:12**

Again Jesus spoke to them, saying, I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.

**January is**

Glaucoma Awareness Month

Cervical Cancer Month

Blood Donor Awareness