

Merry Christmas

DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Dimensions of Wellness**
-  Physical
 -  Emotional
 -  Spiritual
 -  Environmental
 -  Vocational
 -  Social
 -  Intellectual
 -  Health Services
 -  Nutritional
 -  Purposeful

- Meeting Places**
- DR** Dining Room
 - PLR** Ponderosa Living Room
 - US** Union Station
 - AN** All Neighborhoods
 - GP** Gathering Place
 - Glen** The Glen
 - B** Bus
 - AD** Adult Day
 - PL** Parking Lot

	Hanukkah 01	Hanukkah 02	Hanukkah 03	Hanukkah 04	Hanukkah 05	Hanukkah 06	Hanukkah 07	Hanukkah 08	Hanukkah 09	Hanukkah 10	Hanukkah 11	Hanukkah 12	Hanukkah 13	Hanukkah 14	Hanukkah 15	Hanukkah 16	Hanukkah 17	Hanukkah 18	Hanukkah 19	Hanukkah 20	Hanukkah 21	Hanukkah 22	Hanukkah 23	Hanukkah 24	Christmas Day 25	Hanukkah 26	Hanukkah 27	Hanukkah 28	Hanukkah 29	Hanukkah 30	Hanukkah 31
	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Legs Strengthening Exercise US 10:30 Let's Talk Food! DR 02:00 Manicures US 03:30 Story Time with Chaplain Cheryl US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Movie & Popcorn PLR 10:30 Holiday Decorating US 01:30 Catholic Rosary PLR 02:00 Bingo US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:30 Holiday Decorating US 02:30 Ice Cream Social PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Morning Exercise US 10:30 Saturday Bingo US 02:00 Worship Service with Chaplain Cheryl US 03:00 Food & Fellowship US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Balance & Stretch Exercise US 10:30 Brain Boosters Class US 02:00 Trip to Kingsoopers GP 03:30 Manicures US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Arms Strengthening Work Out US 10:30 Name That Tune: Holiday Edition US 02:00 Reading Group: "One Special Gift" US 03:30 Music with Cat on the Keys US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Aerobic Movement US 10:15 Newton Choir US 11:00 Bible Study US 02:00 Christmas Decor Making US 03:30 Bingo US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Legs Strengthening Exercise US 10:30 Christmas Card Craft US 02:00 Superfood Presentation: Sweet Potatoes US 03:30 Dominoes US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Bingo US 10:30 Catholic Rosary PLR 02:00 Ugly Sweater Craft US 03:30 Chapel Grand Opening US 06:30 Tree Lighting Ceremony Glen	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Music & Fitness US 10:30 Manicures US 11:30 Men's Lunch US 02:30 Music with Molly US 03:30 Board Games PLR 05:00 Holiday Light Bus Ride B	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Morning Exercise US 10:30 Saturday Bingo US 02:00 Ugly Sweater Craft US 03:00 Caroling with Aviant US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Balance & Stretch Exercise US 10:30 Worship Service with Chaplain Cheryl US 02:00 TV Concert: Michael Buble US 03:30 Kings on the Corner PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Arms Strengthening Work Out US 10:30 Holiday Karaoke US 02:00 Amy Biondo Duo US 03:30 Mobile Gift Shop PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Aerobic Movement US 10:30 Bible Study US 11:30 Lunch In US 02:00 Trishaw Rides with Aviant AN 03:30 Bingo US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Legs Strengthening Exercise US 10:30 Resident Activities Meeting US 02:00 Reindeer Games US 03:30 Story Time with Chaplain Cheryl US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Bingo US 01:30 Catholic Rosary PLR 02:00 Grief Share AD 02:00 Movie & Popcorn PLR 03:30 Sports Fitness PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Music & Fitness US 10:30 Let's Get Baking Presents: Pies US 10:30 Manicures US 02:00 Ugly Sweater Holiday Party US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Morning Exercise US 10:30 Saturday Bingo US 12:30 Trip to Kingsoopers GP 02:00 Worship Service with Chaplain Cheryl US 03:00 Food & Fellowship US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Balance & Stretch Exercise US 10:30 Brain Boosters Class US 02:00 Denver Brass Band Virtually Presents the Magic of Christmas US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Arms Strengthening Work Out US 10:30 Holiday Trivia US 02:00 Nutcracker Concert US 03:30 The Story Behind the Carols PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Aerobic Movement US 10:30 Bible Study US 02:00 Christmas Cookies Decorating US 03:30 Bingo US 06:00 Holiday Light Parade PL	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Legs Strengthening Exercise US 10:30 Resident Council Meeting US 02:00 Manicures US 03:30 Story Time with Chaplain Cheryl US 06:00 Car Light Parade PL	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Bingo US 01:30 Catholic Rosary PLR 02:00 Holiday Gift Exchange AN 03:30 Sports Fitness PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Music & Fitness US 10:30 Morning Exercise US 10:30 Saturday Bingo US 02:00 Christmas Movie US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Balance & Stretch Exercise US 10:30 Worship Service with Chaplain Cheryl US 02:00 Mobile Library US 03:30 Hand Massage PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Arms Strengthening Work Out US 10:30 Do You Hear What I Hear Trivia US 02:00 December Birthday Social US 03:30 Reading Group: "Ringing in the New Year" PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Aerobic Movement US 10:30 Bible Study US 02:00 Popcorn Ball Making US 03:30 Bingo US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Legs Strengthening Exercise US 10:30 Manicures US 02:00 Bridge Game PLR 03:30 Story Time with Chaplain Cheryl US	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Bingo US 01:30 Catholic Rosary PLR 02:00 Movie & Popcorn PLR 03:30 Sports Fitness PLR	All Day Independent Activities All Day One on One Visits 08:00 Brain Booster Packets AN 08:30 Activity Cart AN 10:00 Music & Fitness US 10:30 Manicures US 02:00 Popcorn Ball Social US 03:30 Dominoes US 05:00 Holiday Light Bus Ride B	