

HAPPY NEW YEAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	JANUARY 2021
Jan 31 	<p>Please Call Tracy at Ext. 2925 with questions.</p>		<p><u>Movement 4 Life Challenge:</u> Challenge yourself to get moving with 4 exercises to help prevent falls, improve circulation and improve your quality of life!</p>	<p>All activities are subject to change.</p>	01 New Year's Day All Day Hello 2021!!	02 All Day Activity Packets Available on 3rd Floor 01:30p Play Online Bingo INDV	 SOMEREN GLEN A LIFE PLAN COMMUNITY Dimensions of Wellness Physical Emotional Spiritual Environmental Vocational Social Intellectual Health Services Nutritional Purposeful Meeting Places ZOOM Zoom INDV Individual Activity AA Apt to Apt CH. Channel 22 22 3AC 3rd Floor Alcove Lby Lobby "You'll never get bored when you try something new. There's really no limit to what you can do." - Dr. Seuss
03 	04 All Day National Trivia Day All Day Play Trivia with Friends	05 All Day Christmas Take Down All Day National Bird Day	06 All Day National Technology Day! Have some fun with your tech! All Day Christmas Take Down 01:00p Word Wednesday INDV	07 All Day Art Room Open 02:00p Marketing Treat Cart AA	08 All Day Funny Friday! Look for new funnies! All Day National Argyle Day	09 All Day Activity Packets Available on 3rd Floor 01:30p Play Online Bingo INDV	
10 	11 All Day Rock n' Roll - Elvis Celebration All Day Pick Up Your Elvis Activity Package - 3rd Floor 02:00p Active Minds ZOOM	12 All Day Let's Make 1950's Decorations! All Day Rock n' Roll - Elvis Celebration All Day Face Mask Decorating (Request)	13 All Day 1950's Costume Contest & Photo Booth All Day Rock n' Roll - Elvis Celebration 01:00p Word Wednesday INDV	14 All Day Rock n' Roll - Elvis Celebration All Day Art Room Open 02:00p Milkshake Social AA	15 All Day Funny Friday! Look for new funnies! All Day Rock n' Roll - Elvis Celebration 02:00p Movie: Grease CH. 22	16 All Day Activity Packets Available on 3rd Floor All Day Happy Birthday, Elvis! 01:30p Play Online Bingo INDV	
17 	18 Birthday of Martin Luther King, Jr. All Day Martin Luther King Jr. Day All Day Pick up Your MLK Jr. Packet	19 All Day National Popcorn Day! 10:30a Mini-Manicures INDV (by Appointment) 02:00p Popcorn Cart AA	20 01:00p Word Wednesday INDV 07:00p Play Online Bingo INDV	21 All Day Art Room Open 01:30p Winter Craft Kits Available INDV 02:00p Fresh Squeezed Juice Cart AA	22 All Day Funny Friday! Look for new funnies! All Day National Celebrate Life Day! 02:00p Gratitude Journaling 3AC	23 All Day Activity Packets Available on 3rd Floor 01:30p Play Online Bingo INDV	
24 	25 All Day National Opposite Day! 02:00p Active Minds ZOOM	26 All Day Australia Day! All Day Face Mask Decorating (Request Supplies)	27 01:00p Word Wednesday INDV 07:00p Play Online Bingo INDV	28 All Day Art Room Open 02:00p Coffee Cart AA	29 All Day Funny Friday! Look for new funnies! 02:00p Scavenger Hunt Lby	30 All Day Activity Packets Available on 3rd Floor 01:30p Play Online Bingo INDV	