



SUN	MON	TUE	WED	THUR	FRI	SAT
10:30 Worship with Chaplain Mike Van Eps (CR) 2:00 Phillip Plays Piano (Lby) 2:00 Variety of Games (Lib) 3:00 Sunday Movie (CR)	1 Labor Day 10:00 Bible Study (CR) 11:00 Labor Day Barbeque (DR) 2:00 Games in the Lobby (Lby) 3:30 Rosary Prayer (Lib) 6:30 Canasta (3rd Fl. Alcove)	2 9:30 Simple Mending with Bev (3rd Fl. Alcove) 9:30 Knitting 101 (GCS) 10:30 Hymn Sing with Gordon Johnson (Lby) 1:30 All Resident Meeting (Lby) 3:00 Calendar Planning Committee (GCS) 7:00 Learn to Play Cribbage (Lby)	3 9:30 Meditation Group (Conf R) 10:00 Health Talk with Dr. Gomer (Lby) 10:30 Travelogue: Vietnam by Vi Sjaardema (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:30 Larry O' Connor Entertainment (Lby) 2:30 Common Grounds (CR) 7:00 Bingo (3rd Fl. Alcove)	4 8:30 Walk with Lindsay (Lby) 9:15 Warm Water Therapy (Lby) 10:00 Art Class (GCS) 10:30 Keeper's Committee Meeting (Conf Rm) 10:30 Coffee & Current Events (Lib) 10:30 Low Vision Support Group (CR) 1:00 Someren Glenayres Choir Practice (CR) 1:00 Brain Games (Lby TV) 2:00 Ted Talk with Brianne (CR) 3:00 Happy Hour (Lby)	5 9:30 Tai Chi Class (CR) 10:45 Let's Talk Technology (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:00 Someren Glen Bell Choir Practice (GCS) 1:00 Bridge (3rd Fl. Alcove) 2:00 Friday Games (Lby) 3:00 Game On! (Lby)	6 9:30 Fitness Center Open - Wii Available 1:00 Learn to Play Mahjong (2nd Fl. Alcove) 1:30 Bingo (3rd Fl. Alcove) 2:30 Broncos Tailgate Happy Hour (Lby)
10:30 Worship with Chaplain Brian Bortz (CR) 1:00 SkyView Hymn Sing (Lby) 2:00 Variety of Games (Lib) 3:00 Sunday Movie (CR)	8 10:00 Bible Study (CR) 10:30 Wii Games (FC) 1:45 Saudi Arabia by Active Minds (CR) 3:00 International Prayer Time (CR) 3:30 Rosary Prayer (Lib) 6:30 Canasta (3rd Fl. Alcove)	9 9:30 Knitting 101 (GCS) 10:30 2nd FL RL Meeting (CR) 11:00 1st FL Meeting (CR) 2:00 Wii Bowling Tournament (Lby) 5:00 Birthday Dinner (DR) 7:00 Learn to Play Cribbage (Lby)	10 Patriot Day 9:30 Meditation Group (Conf R) 10:00 Food Forum (Lby) 10:00 Library on Wheels (Lby) 1:00 Poker (2nd Fl. AL Alcove) 1:30 3rd Floor RL Meeting (CR) 2:00 Common Grounds (CR) 3:00 Calendar Review Meeting (CR) 7:00 Bingo (3rd Fl. Alcove)	11 8:30 Walk with Lindsay (Lby) 9:00 Breakfast at Euro Crepes (Out) 9:15 Warm Water Therapy (Lby) 10:00 Art Class (GCS) 10:30 Coffee & Current Events (Lib) 1:00 Someren Glenayres Choir Practice (CR) 1:00 Brain Games (Lby TV) 1:30 World of Wellness (CR) 2:30 Crafting Fun (GCS)	12 9:30 Tai Chi Class (CR) 9:30 Manicures & Pedicures (Spa Room-3rd Floor) 10:45 Brain Boosters (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:00 Someren Glen Bell Choir Practice (GCS) 1:00 Bridge (3rd Fl. Alcove) 2:00 Centennial Centenarians Event with Centennial Mayor (Patio)	13 8:00 Alzheimer's Walk - City Park (Out) 9:30 Fitness Center Open - Wii Available 1:00 Learn to Play Mahjong (2nd Fl. Alcove) 1:30 Bingo (3rd Fl. Alcove)
10:30 Worship with Chaplain Bill Holmlund (CR) 2:00 Phillip Plays Piano (Lby) 2:00 Variety of Games (Lib) 2:25 Denver Broncos @ Chicago Bears (Lby TV) 3:00 Sunday Movie (CR)	15 10:00 Bible Study (CR) 10:45 Fireside Chat with Tim (Lobby) 2:00 Learn Sudoku (CR) 3:30 Rosary Prayer (Lib) 6:30 Canasta (3rd Fl. Alcove)	16 Constitution Day and Citizenship Day 9:30 Simple Mending with Bev (3rd Fl. Alcove) 9:30 Knitting 101 (GCS) 2:30 Guitar Duo (Lby) 7:00 Learn to Play Cribbage (Lby)	17 7:00 Elixir Yoga Class (FC) 9:30 Meditation Group (Conf R) 10:15 All About Dogs with Madrid & Cheryl (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:30 Kim & Dan Christian Accordions (Lby) 2:00 Common Grounds (CR) 3:00 The Writing Club (GCS) 5:30 MPL Celebration Dinner (DR) 7:00 Bingo (3rd Fl. Alcove)	18 8:30 Walk with Lindsay (Lby) 9:15 Warm Water Therapy (Lby) 10:00 Art Class (GCS) 10:30 Coffee & Current Events (Lib) 1:00 Someren Glenayres Choir Practice (CR) 1:00 Brain Games (Lby TV) 2:30 Social Hour (Lby) 6:30 Fall Firepit (Patio)	19 9:30 Tai Chi Class (CR) 10:45 Let's Talk Technology (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:00 Someren Glen Bell Choir Practice (GCS) 1:00 Bridge (3rd Fl. Alcove) 2:00 Friday Games (Lby) 3:00 World of Wellness (CR) 6:30 Leila Viss Piano Students (Lby)	20 9:30 Fitness Center Open - Wii Available 1:00 Learn to Play Mahjong (2nd Fl. Alcove) 1:30 Bingo (3rd Fl. Alcove)
National Centenarian's Day 10:30 Worship with Chaplain Jim Kok (CR) 11:00 Denver Broncos @ Green Bay Packers (Lby TV) 2:00 Variety of Games (Lib) 3:00 Sunday Movie (CR)	22 First Day of Fall 10:00 Bible Study (CR) 10:30 Wii Games (FC) 1:45 Biography of London by Active Minds (CR) 3:30 Rosary Prayer (Lib) 6:30 Canasta (3rd Fl. Alcove)	23 9:30 Knitting 101 (GCS) 11:00 Lunch at Hacienda Colorado (Out) 1:30 Catholic Mass (CR) 2:30 Music by Greg Young (Lby) 6:00 Dementia Caregivers Support Group (GCS) 7:00 Learn to Play Cribbage (Lby)	24 7:00 Elixir Yoga Class (FC) 9:30 Meditation Group (Conf R) 10:00 Library on Wheels (Lby) 10:30 Toys for God's Kids (GCS) 1:00 Poker (2nd Fl. AL Alcove) 2:00 Common Grounds (CR) 3:00 2nd FL AL Meeting (CR) 3:30 3rd FL AL Meeting (CR) 7:00 Bingo (3rd Fl. Alcove)	25 8:30 Walk with Lindsay (Lby) 9:15 Warm Water Therapy (Lby) 10:00 Art Class (GCS) 10:30 Coffee & Current Events (Lib) 1:00 Someren Glenayres Choir Practice (CR) 1:00 Brain Games (Lby TV) 2:00 Book Club (GCS) 3:00 Electric Trumpet Music (Lby)	26 9:30 Tai Chi Class (CR) 9:30 Manicures & Pedicures (Spa Room-3rd Floor) 10:00 Someren Glen Art Show (Lby) 10:45 Brain Boosters (CR) 1:00 Poker (2nd Fl. AL Alcove) 1:00 Someren Glen Bell Choir Practice (GCS) 1:00 Someren Glen Bell Choir Practice (GCS) 1:00 Bridge (3rd Fl. Alcove) 2:00 Pie Baking Contest (Lby) 3:00 World of Wellness (CR)	27 9:30 Fitness Center Open - Wii Available 1:00 Learn to Play Mahjong (2nd Fl. Alcove) 1:30 Bingo (3rd Fl. Alcove)
10:30 Worship with Chaplain Cindy Simpson (CR) 2:00 Variety of Games (Lib) 2:25 Jacksonville Jaguars @ Denver Broncos (Lby TV) 3:00 Sunday Movie (CR)	29 National Chewing Gum Day! 10:00 Bible Study (CR) 10:30 Wii Games (FC) 2:00 Rick Weingarten Music (Lby) 3:00 Bubble Blowing Contest (Lby) 3:30 Rosary Prayer (Lib) 6:30 Canasta (3rd Fl. Alcove)	30 	Room Key: Beauty Shop - 3rd Fl. Conf R - Conference Room, 1st Fl. CO - Chaplain's Office, 2nd Fl. CR - Community Room, 3rd Fl. DR - Dining Room, 1st Fl. FC - Fitness Center, 2nd Fl. GCS - Grand Central Station, 3rd Fl. Lib - Library, 1st Fl. Lby - Lobby, 1st Fl. RSO - Resident Services, 3rd Fl.	Fitness Schedule <u>Monday</u> 10:30 - Wii Games 1:00 - Total Body Fitness 2:00 - MoveMor <u>Tuesday</u> 8:00 - Wake Up & Move 9:00 - Strength Training 10:00 - Balance Class 10:30 - Fitness and Fun (2nd Fl. AL) 11:00 - Fitness and Fun (3rd Fl. AL) <u>Wednesday</u> 7:00 - Yoga with Susan 1:00 - Total Body Fitness 2:00 - Cognitive Balance	Fitness Schedule <u>Thursday</u> 8:30 - Morning Walk 9:00 - Strength Training 10:00 - Balance Class 10:30 - Fitness and Fun (2nd Fl. AL) 11:00 - Fitness and Fun (3rd Fl. AL) 3:00 - MoveMor <u>Friday</u> 9:30 - Tai Chi Class 1:00 - Total Body Fitness	

September 2019

Calendar

