

Saint Patrick's

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY MARCH 2021



<p>01</p> <p>09:00a Fitness Class FC 09:30a Meditation GCS 10:30a Bell Choir GCS 02:00p Fitness Class FC 03:30p Rosary Prayer Group GCS</p>	<p>02</p> <p>09:00a Fitness Class FC 09:30a Knitting 101 GCS 10:30a Employee Appreciation Craft CR Alcove 01:30p Creative Writing Crew GCS 02:00p Fitness Class FC</p>	<p>03</p> <p>09:00a Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 02:00p Wednesday Movie CR 02:00p Fitness Class FC 07:00p Bingo CR Alcove</p>	<p>04</p> <p>09:00a Fitness Class FC 09:30a Beginner iPad Class CR Alcove 10:00a Coffee & Current Events GCS 01:00p Intermediate iPad Class CR Alcove 02:00p Fitness Class FC</p>	<p>05</p> <p>08:00a NAT'L EMPLOYEE APPRECIATION DAY AN 09:00a Fitness Class FC 10:00a Brain Boosters CR 02:00p Vaccine Clinic CF 02:00p Fitness Class FC 02:00p Oreo Cookie Tasting Cart AA</p>	<p>06</p> <p>08:00a NAT'L OREO DAY AN 08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>07</p> <p>09:00a Fitness Class FC 09:30a Meditation GCS 10:30a Bell Choir GCS 01:00p Neighborhood Meeting: 1st & 2nd Fl. CR 02:00p Active Minds ZOOM 03:30p Rosary Prayer Group GCS</p>	<p>08</p> <p>09:00a Fitness Class FC 09:30a Knitting 101 GCS 10:30a Plant a Flower Craft CR 01:30p Creative Writing Crew GCS 02:00p Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 10:30a Move Your Mind - Chia Seeds Lby 02:00p Wednesday Movie CR 02:00p Fitness Class FC 07:00p Bingo CR Alcove</p>	<p>09</p> <p>09:00a Fitness Class FC 09:30a Knitting 101 GCS 10:00a St. Patrick's Day Craft CR Alcove 01:30p Creative Writing Crew GCS 02:00p Fitness Class FC 02:40p St. Patrick's Day Parade PL</p>	<p>10</p> <p>08:00a HAPPY ST. PATRICK'S DAY! AN 09:00a Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 01:45p St. Patrick's Fun on the Glen AN 07:00p Bingo CR Alcove</p>	<p>11</p> <p>08:00a NAT'L OATMEAL COOKIE DAY AN 09:00a Fitness Class FC 09:30a Beginner iPad Class 3AC 10:00a Coffee & Current Events CR 10:30a Beginner iPad Class 3AC 01:00p Intermediate iPad Class CR Alcove 02:00p Fitness Class FC 02:00p Food Forum CR</p>	<p>12</p> <p>08:00a NAT'L PLANT A FLOWER DAY AN 09:00a Fitness Class FC 01:30p Classical Music Listener's Club: Fantasia Part 1 CR 02:00p Fitness Class FC</p>	<p>13</p> <p>08:00a Nat'l Genealogy Day AN 08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>14</p> <p>09:00a Fitness Class FC 09:30a Meditation GCS 10:30a Bell Choir GCS 02:00p Fitness Class FC 02:00p Health & Wellness Meeting CR 03:30p Rosary Prayer Group GCS</p>	<p>15</p> <p>09:00a Fitness Class FC 09:30a Knitting 101 GCS 10:00a St. Patrick's Day Craft CR Alcove 01:30p Creative Writing Crew GCS 02:00p Fitness Class FC 02:40p St. Patrick's Day Parade PL</p>	<p>16</p> <p>09:00a Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 02:00p Wednesday Movie CR 02:00p Fitness Class FC 07:00p Bingo CR Alcove</p>	<p>17</p> <p>09:00a Fitness Class FC 09:30a Beginner iPad Class 3AC 10:00a Coffee & Current Events CR 10:30a Beginner iPad Class 3AC 01:00p Intermediate iPad Class CR Alcove 02:00p Fitness Class FC</p>	<p>18</p> <p>09:00a Fitness Class FC 10:00a Brain Boosters CR 01:30p Classical Music Listener's Club: Fantasia Part 2 CR 02:00p Flower Pen Craft CR Alcove</p>	<p>19</p> <p>08:00a First Day of Spring AN 08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>20</p> <p>08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>21</p> <p>09:00a Fitness Class FC 09:30a Meditation GCS 10:30a Bell Choir GCS 01:00p Neighborhood Meeting: 3rd Fl. CR 02:00p Active Minds ZOOM 02:00p Crepe Expectations DR 02:00p Fitness Class FC 03:30p Rosary Prayer Group GCS</p>	<p>22</p> <p>09:00a Fitness Class FC 09:30a Knitting 101 GCS 10:00a Essential Oils Fun CR Alcove 01:30p Creative Writing Crew GCS 02:00p Fitness Class FC</p>	<p>23</p> <p>09:00a Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 02:00p Wednesday Movie CR 02:00p Fitness Class FC 07:00p Bingo CR Alcove</p>	<p>24</p> <p>09:00a Fitness Class FC 09:30a Beginner iPad Class 3AC 10:00a Coffee & Current Events CR 10:30a Beginner iPad Class 3AC 01:00p Intermediate iPad Class CR Alcove 02:00p Fitness Class FC</p>	<p>25</p> <p>09:00a Fitness Class FC 10:30a Spring Face Mask Fun CR Alcove 01:30p Classical Music Listener's Club CR 02:00p Fitness Class FC</p>	<p>26</p> <p>08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>27</p> <p>08:00a Activity Packets Available on 3rd Floor AN 01:30p Bingo CR Alcove</p>	<p>28</p> <p>09:00a Fitness Class FC 09:30a Meditation GCS 10:30a Bell Choir GCS 01:30p Luau Craft CR Alcove 02:00p Fitness Class FC 03:30p Rosary Prayer Group GCS</p>	<p>29</p> <p>08:00a Nat'l Virtual Vacation Day AN 09:00a Fitness Class FC 09:30a Knitting 101 GCS 02:00p Luau Happy Hour Lby 02:00p Fitness Class FC</p>	<p>30</p> <p>09:00a Fitness Class FC 09:30a Bible Study CR 10:30a Bible Study CR 02:00p Wednesday Movie CR 02:00p Fitness Class FC 07:00p Bingo CR Alcove</p>	<p>31</p> <p>Please Call Tracy at Ext. 2925 with questions.</p>	<p>Tune in to our very own TV Channel 3901 or 3902!</p>	<p>All activities are subject to change.</p>
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- Dimensions of Wellness**
- Physical
 - Emotional
 - Spiritual
 - Environmental
 - Vocational
 - Social
 - Intellectual
 - Health Services
 - Nutritional
 - Purposeful

- Meeting Places**
- GCS Grand Central Station
 - CR Community Room
 - FC Fitness Center
 - CR Community Room
 - Alcove Alcove
 - AN All Neighborhoods
 - CF Conference Room
 - AA Apt to Apt
 - ZOOM Zoom
 - Lby Lobby
 - 3AC 3rd Floor Alcove
 - INDV Individual Activity
 - PL Parking Lot
 - DR Dining Room

March is National Craft Month & National Optimism Month!

Look for a French Polynesian Theme Week starting the week of March 29th!